

July 2005

Minister opens BuildSmart Sustainable Show House



Minister for Education & Training, Lynne Kosky officially opens the BuildSmart Sustainable Show House
(inset: The BuildSmart Sustainable Show House and Kitchen)

The BuildSmart Sustainable Show House at Waverley Campus was officially launched on Tuesday 21 June by Victorian Minister for Education & Training, the Honourable Lynne Kosky. More than 70 Holmesglen staff, students and building industry representatives were there to see how two years of work and planning evolved into a fantastic showpiece for both Holmesglen and the wider community.

The house, designed by architectural company Third Ecology, has been built by 200+ Holmesglen students as part of their vocational training. In her opening speech, Minister Kosky praised the project, stating that "the students will actually take the knowledge they have developed into other building projects in their careers."

As a Show House for sustainable design, it will provide an educational resource for primary, secondary and tertiary students, building practitioners and the general public. It will allow the public to view a wide range of ideas that could easily be incorporated into their own existing or planned new home. Students visiting the house will undertake learning activities based on the sustainability of our built environment.

The design demonstrates that a comfortable living environment can be achieved at an affordable price using sustainable design that compliments both the Australian climate and contemporary lifestyle. The house exceeds a five-star energy rating and includes insulated flooring, light sensors and delay switches, double glazed windows, rainwater collection for the laundry, toilet and outside taps and split-system solar hot water just to name a few of the features.

Bart Scheen says the BuildSmart project has been a winner: "It's given students a great hands-on experience in thinking through, and then applying sustainable building practices in their daily work". The project has involved Pre-Apprentice and Apprentice carpenters, glaziers, electricians, painters, tilers and plasterers; as well as students from Holmesglen's Furniture Industry Training Centre and Horticulture areas.

Holmesglen Institute will encourage the use of the house by industry to showcase emerging sustainable technologies. This may include displaying new materials, retrofitting new technologies and utilising the house as a training venue.

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Centre for Learning Programs Awards Ceremony

On Friday, June 24, CLP celebrated their first student awards ceremony of 2005. Guest speaker Sarah Lyons from the VACS department spoke fondly of her 12 years teaching English at Holmesglen, and also of the new friendships, preparation for the future and the pride in success that students can gain from completion of the course.

As part of the ceremony, Ruta Broze's AMEP Citizenship class sang, with Ruta as conductor. The class sang a lovely version of Banjo Patterson's unofficial Australian anthem, *Waltzing Matilda*; while Rolf Harris himself would have been proud of the fabulous rendition of his Australian classic, *Tie Me Kangaroo Down, Sport!*

Three students profiled from the Adult Migrant Education Program (AMEP) Citizenship class are Monica Dejiok and Kegan Loguran, both from Sudan, and Stella Yan from China.



Kegan and Monica, Stella

AMEP is a long-running government funded program, providing 510 hours of free English lessons for all newly arrived migrants. The Citizenship class is part of this program, for those migrants who are also becoming Australian citizens. Holmesglen is Victoria's largest English provider for the AMEP program, and is proud to work in partnership with the government to help our newest citizens.

Monica and Kegan's stories are similar, both fleeing war-torn Sudan with their families for Egypt, before beginning the long process of applying to come to Australia.

Twenty two year old Kegan lived with his sister and aunt in Egypt for 10 years before finally being able to come to Australia with the rest of his immediate family. Having now been here for one year, Kegan told me that after initially feeling lonely and isolated, since coming to Holmesglen he has been able to make friends and meet and share stories with other young Sudanese refugees.

Kegan's handsome face lights up when asked about his future. He tells me that his family came here looking for a better life, more secure, with a proper education – and now he has those opportunities. Having successfully completed Level 2 English, he wants to complete English classes up to the Advanced Diploma level; and go on to study Community Development for his future career.

Monica Dejiok, a very bright and intelligent young woman, was open and honest when discussing with me the difficulties life presented when living in both Sudan and Egypt. Growing up in southern Sudan, her family struggled living amongst constant Christian and Muslim fighting, and, after moving to northern Sudan, found the situation there just as intolerable. Finally escaping the war in Sudan, her family moved to Egypt and applied to live in Australia – a process that took four years. While in Egypt, Monica had to leave school to work and help financially support her family.



Monica celebrates completing Level 2 English

Now after being in Australia, Monica has a fresh start, and tells me that after completing Level 4 English she will go on to study and Accounting degree at Melbourne University. I can't help but be moved when she looks at me and says that here in Australia she has "...the freedom to study. The freedom to speak my mind. The freedom to do anything."

Stella Yan is another of CLP's success stories. Trained as a chemical engineer, and having worked as a news journalist in her native China, Stella has excelled in her English language course, winning the outstanding student award for her Level 3 Access class. Unlike Kegan and Monica, Stella did not have to leave her native country as a refugee, but chose to come to Australia as a student. Here she met and married her husband of 13 years, and the father of her baby girl, Angela, now 1 year old. Stella chose to have Angela in China, wanting to be close to her family at the time, and relishes the prospect of bringing her daughter up in a tri-lingual household, and to have the best of both Chinese and Australian cultures.



'Stella Yan at the CLP Awards Ceremony, June 24'

I spoke at length with Stella on the differences between the Chinese and Australian education systems, a subject on which Stella has studied extensively. The usual stereotypes still exist according to Stella, with the Chinese education system being a more strict and hardworking environment than the Australian's experience. Stella goes on to stress that while China's approach is a good one, it is repressive, and does not encourage individuality or 'personal growth'.

In terms of her own personal growth, after two successful careers and being a mother also, Stella aims to complete the rest of her English classes, and go on to study education policy at university.

CLP would like to congratulate all their graduates and extend their best wishes for the future.

New Specialist Centre for Heritage Trades a new project

Holmesglen Training and Development (HTD), on behalf of the Institute, is managing a new project to establish a Specialist Centre for Heritage Trades, funded by the Office of Training and Tertiary Education. This project is a result of research undertaken in 2004 by HTD into the current and future skill needs of builders, contractors, architects and others involved in the restoration and conservation of heritage classified buildings. The study was undertaken in consultation with Heritage Victoria and the National Trust of Australia (Victoria).

The research found that work in the heritage trades is intermittent and concluded that the best way to address skills shortages is through the up-skilling of existing tradespersons, rather than establishing apprenticeship training for heritage trade specialists.

The need for heritage trade skills is linked to the restoration and conservation of commercial and public buildings, with some additional demand at the higher end of the domestic housing restoration market, and also the restoration of other heritage items (eg household fittings, furniture, boats).



Sample of heritage building

The range of trades in the heritage field that HTD will be working with include:

- Bricklaying
- Roof Tiling
- Carpentry and Joinery
- Solid Plaster and Tiling
- Painting and Decorating
- Stonemasonry

The new Specialist Centre will establish a contact and information database and investigate the development of new heritage trade related courses.

An Advisory Board to the Centre has been established to provide guidance and the opportunity for collaboration in key areas. The Centre will work closely with the International Specialised Skills Institute to identify overseas master tradespersons in key heritage trades and facilitate professional development opportunities for TAFE staff.

For further information about this project, please contact Alexandra Mannell on (03) 9564 1987.

Girls Just Want To Paint

An exhibition by Linda Himmelfarb

Opening drinks: Saturday 20 August 6-8pm

Exhibition: 19 August to 1 September 2005

Gallery Hours: Tuesday - Saturday 12-6pm
Collingwood Gallery
292 Smith St, Collingwood
Phone: 9417 0690

www.collingwoodgallery.com.au

This is an art exhibition organised by two visual art students at Moorabbin so please come along and show your support!

Electronic Publishing students' designs displayed



Artwork by Prasannon Pringsawai

Certificate IV in Electronic Publishing students celebrated the end of Semester 1 with a viewing of their work on Friday 24 June.

Stage one and two students displayed their folios for each other and Waverley Campus staff to view. Work included designs for Zest restaurant stationary, match boxes, wine labels and chocolate boxes, advertisements for Holmesglen courses plus local sports club logos for caps, drink bottles and t-shirts.

The quality of work displayed was exceptional and Electronic Publishing staff, Marion Power and Mary Ginis, commended the students on their hard work.

Online Owner Builder course

A Holmesglen Training and Development Program



Holmesglen Training and Development (HTD) have just completed an online learning program for Owner-Builders, funded by the Office of Training and Tertiary Education. This course will reside on the TAFE VC and will be offered by Holmesglen's Community and Industry Short Courses Department as a fully online program.

The target participants for this product are the large number of 'do it yourself' Australians who are considering, or have chosen to build or renovate their own home. Owner-Builders typically encompass a wide cross-section of the community.

Statistical data collected in the quarter July to September 2004 from the Building Commission indicates 8,373 owner-builders applied for permits and of this number 7,445 permits were for new buildings or extension/alterations.

The course is designed to meet the requirements of time efficient learning, and has been developed as a series of content-based 'learning objects' which can be accessed as stand alone resources. Each learning object will feature activity-driven learning, underpinned by additional 'ready reference' support material. This design provides the flexibility to select the specific information required without forcing users to duplicate knowledge that they may already possess. Alternatively, this design provides users with the freedom to further explore areas of particular interest.

Where possible, the online learning activities will model common owner-builder construction tasks, ranging from renovations to new constructions. The activities will be supported by additional forms of interaction such as instant feedback, quick quizzes, worksheets, checklists and suggestions for peer or instructor discussion. The worksheets and checklists in particular would relate directly to relevant regulatory obligations, risk management and contractual practice issues which have been identified as high priority needs.

For further information about development of online resources please ring Joan Salmon on 9564 1878. If you wish to enrol in the Owner Builder course please ring Fay Lehmann on (03) 9564 1519.

Men's Health Workplace Education Program

Prostate and bowel cancer are the most common cancers effecting men in our community.

Did you know?

- Around 3500 Victorian men are diagnosed with prostate cancer each year
- Approximately 20,000 Victorian men currently have prostate cancer
- Prostate cancer is the most common internal cancer
- Prostate cancer causes about 2500 deaths a year
- Bowel cancer kills 5000 Australians a year
- Over 90% of bowel cancers are curable if diagnosed and treated in the early stages

The Personnel Department has arranged for The Cancer Council Victoria to present an information session about prostate and bowel cancer to assist our staff to better understand these diseases. Details of the session are as follows:

Date: Wednesday, 20 July, 2005

Time: 10:30am to 11:45am

Venue: C1.2.01 - Chadstone campus

The workplace information session will include the following:

- Risks and symptoms of cancer
- Prevention of cancer
- Personal health strategies
- Health literature and resources

We urge all staff to give serious consideration to this important health issue and encourage them to become fully informed about the risks from prostate and bowel cancer well before they reach the age at which they may encounter these diseases.

Please email Elizabeth Neilson

elizabethn@holmesglen.vic.edu.au

or call the Personnel Department on EXT 1778 to confirm your attendance.

Waverley Campus Building Works now well underway



Work takes place on the site of the new student Cafeteria outside Building 1 at Waverley Campus

Building works at Waverley Campus are now well underway. The Institute has been granted \$9.96 million to construct new teaching facilities and student cafeteria at the Waverley Campus. The grant is being jointly funded by state and federal governments.

The project consists of three stages. Construction of stage one commenced in March this year. Stage one is a new teaching building, being constructed on the south (Waverley Road) side of the current Building 1. The purpose built facility will house Fitness & Recreation programs from February 2006. The facility will consist of a fully equipped gymnasium and aerobics classroom specifically designed for training purposes plus six general purpose classrooms, a boardroom and office space for Fitness & Recreation staff and the degree program administration.

The second stage of the Waverley Campus building works project commenced in June. This is a new student cafeteria, being constructed at the main entrance of Building 1. Located between the main teaching buildings and the Horticulture village the Café will seat 120, double the capacity of the current Café, and has been designed to be a central point on the campus for students. Completion of the Café is expected early in 2006.

The third stage, to commence in 2006, will see the construction of a new purpose-built Horticulture teaching building, completed in time for Semester One, 2007. When the new building is ready the current 'Horticulture Village' will be demolished and this area will become an open turf training facility.

Plans are currently on display in the foyer of Building 1 at Waverley Campus for staff and students to view.

Holmesglen Institute Of Tafe Council Meeting 4/2005 held on 15 June 2005, in the Latitute Room, Hemisphere Conference Centre, Moorabbin Campus

TOUR OF NEW BUILDING, MOORABBIN CAMPUS

Members of Council toured the newly completed Building 2 at Moorabbin Campus prior to the start of the June Council meeting which was held at Hemisphere Conference Centre.

BUSINESS ARISING:

VTA RESPONSE TO THE REVIEW OF EDUCATION AND TRAINING LEGISLATION

The Acting Director, Ms Faraone gave a brief outline of the Victoria TAFE Association's (VTA) response to the review of education and training legislation by the Victorian government. VTA in their response to the discussion paper has highlighted several important key areas in the current VET Act 1990 that would require clarification and amendment by the government. These areas were in ministerial powers, ministerial directions and approvals and the structure of VLESC, as well as issues relating to TAFE Institutes such as changes in terminology affecting TAFE Institutes and Councils and on functions of TAFE Institute Councils.

The Council was impressed with the quality of the VTA response and requested that their commendations be passed on to Mr David Williams, Executive Director of the VTA.

SKILLING AUSTRALIA'S WORKFORCE BILL 2005

Council noted the Director's paper on "Skilling Australia's Workforce Bill 2005".

Ms Faraone gave a brief outline of the paper. She said that one of the concerns of the Bill appears to be that Commonwealth funding may be tendered for the delivery of apprenticeship training. This was a view that was strongly supported by industry groups. However, it was not yet clear what impact the legislation would have in Victoria at this stage.

DIRECTOR'S REPORT:

CHARITY ART AUCTION

Ms Mary Faraone reported on the recent inaugural Charity Art Auction which was held at Hemisphere on 27 May as part of the HIT Awards Festival. She said that the idea for the auction came from one of the teachers. Visual Art students and teaching staff together with artists, entertainment and sports personalities and others have worked hard to contribute their artistic talents to produce artwork panels with the theme 'Endangered Species'. At the auction, the most sought after panel was by prominent artist, Esther Erlich and entertainer, Kylie Minogue.

Ms Faraone said that the concept of the event was very well received and the event could not have been such a success without the generous support of sponsors for both the lunch and several items for the silent auction. The money raised at the event was donated to the Foundation for Homeless Youth and Skillz Inc.

She said that the auction was a very successful event attended by 185 people who included OTTE representatives, sponsors, staff, students, guests and artists.

It is likely that a similar event for next year would be held again.

VOCATIONAL COLLEGE LAUNCH

Council was advised that on 8 June 2005, the Minister for Education and Training, The Hon Lynne Kosky launched the Holmesglen Vocational College at the Moorabbin Campus. Council members including the President of Council,

Mr Sharkey, HIT staff, VCAL students, local school principals and representatives from the South East Regional Office attended the launch.

The Minister said she was pleased to support the initiative as it was a vital step forward in providing realistic vocational options for young people which would go a long way to addressing the existing skill shortages in Victoria. The Vocational College to be located at the Moorabbin Campus would begin operations in 2007.

BUILDING DEGREE ACCREDITATION UPDATE

Ms Faraone reported that the Higher Education Review Panel met with Holmesglen representatives on 26 May as part of the site visit for the accreditation of the building degree program. Some issues arising from the visit were being addressed by staff and it was expected that the final report would be presented to the full Higher Education Board on 24 June 2005. It was possible that the Building degree would be accredited by the end of July 2005.

LAUNCH OF SUSTAINABLE SHOW HOUSE

Council noted that the BuildSmart Show House would be officially launched by Minister Kosky on 21 June at the Waverley Campus.

Ms Faraone said that the Show House has been built by over 200 Holmesglen students working from design to finish as part of their vocational training, and has involved Pre-Apprentice and Apprentice carpenters, glaziers, electricians, painters, tilers and plasterers; as well as students from the Furnishing and Horticulture areas with support from Burbank Homes, BlueScope Steel, CSR, and a host of more than twenty other industry supporters.

As a Show House for Sustainable Design, it would provide an educational resource for primary, secondary and tertiary students, building practitioners and the wider community. The Institute would also encourage the use of the house by industry to showcase emerging sustainable technologies.

An Introduction to Stretching

pomelo health

Why we need to stretch:

Muscular tightness is an all too common reaction to many of the stresses we place on our bodies. A long gym work-out, a bad mattress or a lengthy drive to work are examples of such stressors and these, along with the unavoidable effects of aging & gravity, can contribute to characteristic feelings of muscular tension, tightness or general inflexibility.

Unfortunately, it's pretty much impossible to remove all stresses from our lives, so instead we find ways to manage their effects. A good stretching routine, like a good massage, will assist in reducing muscular tension, and improving or maintaining flexibility.

Benefits of stretching:

Stretching isn't just for well-honed athletes; rather the benefits could be felt by most bodies, given the chance! Benefits of stretching include:

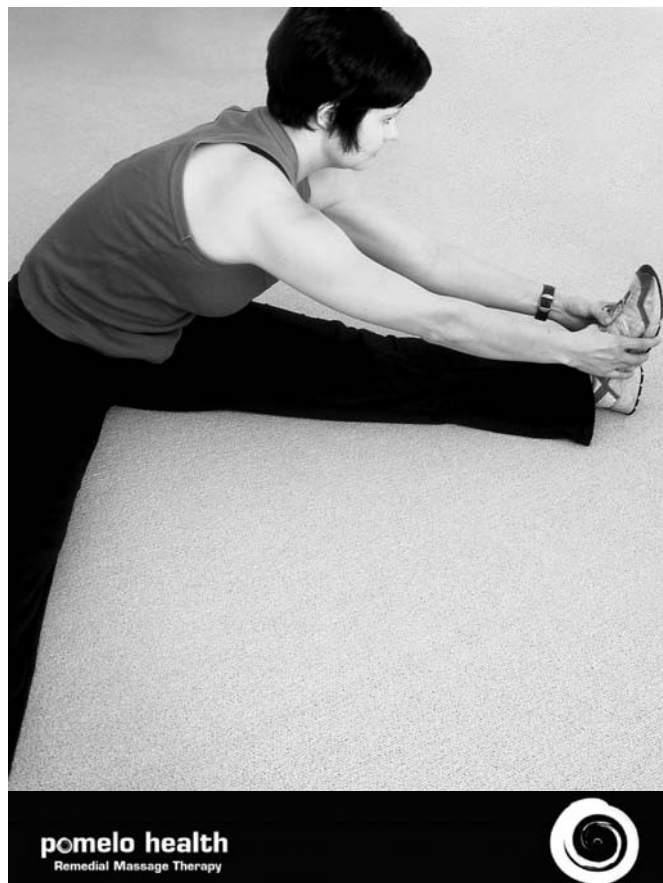
- Decreased risk of injury / RSI
- Reduced muscular soreness
- Reduced anxiety
- Released tension
- Improved circulation
- Improved flexibility
- Improved physical performance
- Improved posture

How to stretch safely:

There are certain rules to stretching safely, cut these out and keep them, because subsequent newsletters will include illustrated stretching features for you to use at your desk, your computer, or in the classroom.

How to Stretch Safely

- Warm up before stretching: swing, sway, roll, wriggle, or somehow move the area to be stretched for a moment or two to warm it up
 - Perform stretches slowly & rhythmically
 - Stretch to a natural point of slight tension, or feeling of 'bind'
 - Hold this position for a slow count of 15 - 20
 - Return to start position, and repeat
 - Breathe while you stretch!
- [Slowly exhale going into the stretch & breathe deeply throughout]
- Never stretch to the point of causing pain; listen to your body and stop
 - Do not bounce or jerk into or out of a stretch
 - Remember stretching is free, it can be done anywhere and it doesn't require fancy equipment - just take the time to stretch safely and your body will thank you!



IMPORTANT NOTE: This article is not intended as a substitute for proper medical advice. If you are new to exercise, are pregnant / nursing, are elderly, or have a chronic condition then consult your primary care practitioner before you begin a new exercise / stretching routine.

Article submitted by Pomelo Health Remedial Massage Therapy

- Pomelo Health is open 7 days a week. Non-gym members are always welcome
 - Rebates are offered for all major health funds. Drop in, or contact us on ☎ 9568 5919
 - pomelo health, Fitness First - Chadstone [TAFE Building 6], VIC, 3148 ☎ 9568 5919
- www.pomelohealth.com.au

Chadstone Campus

Batesford Road
Holmesglen 3148
(PO Box 42 Holmesglen 3148)
Telephone (03) 9564 1555
Facsimile (03) 9564 1606

Moorabbin Campus

488 South Road
Moorabbin 3189
(PO Box 42 Holmesglen 3148)
Telephone (03) 9209 5000
Facsimile (03) 9555 0060

Waverley Campus

585 Waverley Road
Glen Waverley 3150
(PO Box 42 Holmesglen 3148)
Telephone (03) 9564 1555
Facsimile (03) 9564 6233



News in brief

Congratulations Holmesglen Staff Graduates

Holmesglen staff received Statements of Participation for the Graduate Certificate in Management (Professional Practice) at an informal gathering on Thursday 16 June at the Conference Centre, Chadstone.

Departments supported the following staff financially and professionally during their studies:

- Sharon Berman
- Virginia Cleveland
- Nola Kenner
- Greg O'Shea
- Rajiv Seth
- Jane Clancy
- Larry Foster
- Marion King
- Anthony Scolyer

Associate Director, Business and Administration, Denise Stevens welcomed guests. Deputy Director, Mary Faraone, expressed how supportive Holmesglen is of staff professional development and also congratulated graduates for achieving their goals while working full-time.

Mr Pat Bradbery from Charles Sturt University (CSU) highlighted the great transformation which students had undergone. He also congratulated them for reaching the end and acknowledged the challenges they faced along the way. He then talked of future plans to extend the Graduate Certificate to a Graduate Diploma of Management in Victoria.

Holmesglen is an approved provider of the University accredited Graduate Certificate. It is a product of a joint venture of three academic bodies - the Charles Sturt University (CSU), TAFE NSW and the Canberra Institute of Technology. A consortium known as the Australian Graduate Management Consortium (AGMC) is charged with running the day-to-day operation of the program.



Holmesglen staff graduates



Marion Jackson receives Statement from Pat Bradbery, CSU

Holmesglen Conference Centre

Here we are in our new uniforms, as part of the extensive re-branding of Holmesglen Conference Centre. This re-branding activity commenced at the start of the year with a fresh logo, which is incorporated in the uniform, stationery and newly designed Information Kit.

Greater exposure of the Corporate Suites also, which is marketed as an extension of the main Conference Centre building, has been received with much enthusiasm from external clients, such as 7 Eleven, APICS and The Executive Connection, who have been impressed by the modern and well maintained facilities.

85% of patronage to the Conference Centre is from external clients. We have directed much energy towards sales activity, and have successfully attracted 27 new external clients in the first half of the year. With the prestige of being an official venue, along with Hemisphere, for the training of volunteers involved in the 2006 Commonwealth Games, we aim to further compound our recent success in attracting new clients.

We are eager to assist you in meeting your many and varied requirements. Please call us on Extension 1500 to book your next industry presentation, department meeting, professional development session, or staff function.

... Keep an eye out for our upcoming 'Spring Special'!



Lisa, Maria, Rachel and Allison in their new Conference Centre uniforms.